



KIDDERPORE COLLEGE



National Webinar
On

Managing Human Stress and Boosting Immunity In the Era of COVID-19 Pandemic

19th July, 2020 at 4 pm (onwards)

Organized by

Department of Physical Education in collaboration with IQAC, Kidderpore College

The changing world in the Covid-19 scenario poses a serious threat to human wellbeing to a large extent. Human health and mind are at stake now. To cope with the New Normal environment, managing human stress and boosting immunity are an essential requirement. In this context, The Department of Physical Education, Kidderpore College is organizing a National Webinar on Managing Human Stress and Boosting Immunity in the Era of Covid-19 Pandemic on 19th of July, 2020; 4 pm onwards.

To Be Inaugurated By



Dr. Sudarsan Biswas

Associate Professor,
Physical Education (Dy. Director, Phy. Edn.)
and
Secretary, Visva-Bharati Sports Board,
Visva-Bharati, West Bengal, India

Speaker



Dr. Vishwambhar Vasant Jadhav

Assistant Professor, Department of
Physical Education,
University of Mumbai,
Maharashtra, India

Speaker



Dr. P. Rajinikumar

Assistant Professor,
Department of Exercise Physiology
and Biomechanics
Tamil Nadu Physical Education and
Sports University, Tamil Nadu, India

E-Certificates will be provided | Registration Free | Open to all

Patron : Dr. Abhijit Ganguly, Principal

Dr. Sudakshina Sarkar Roy, IQAC Coordinator

Convenor : Dr. Dibyendu Roy, Assistant Professor and Head, Dept. of Physical Education

Co-Convenor : Dr. Teesta Dey, Assistant Professor and Head, Dept. of Geography

Organising Secretary : Prof. Pilu Ch. Das, Assistant Professor, Dept. of Economics

Prof. Susmita Ghosh, Assistant Professor, Dept. of English

Organising Committee : Prof. Somnath Manna & Lt. Biplab Dhara

Technical Support : Mr. Aniket Bardhan, Dept. of Mass Communication & Journalism

Register at: <https://forms.gle/te9mNVseyVGtubdA9> | Telegram Link : <https://t.me/joinchat/SJesIRqtTPO5b-NAVZgdbQ>

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