

KIDDERPORE COLLEGE

National webinar

On

“MANAGING HUMAN STRESS BOOSTING IMMUNITY IN THE ERA OF COVID-19 PANDEMIC”

ON 19TH JULY 2020 4 PM.

Organized by

Department of Physical Education in collaboration with IQAC,
Kidderpore College

The changing world in the covid-19 scenario poses a serious threat to human well being to a large extent. Human health and mind was at stake. To cope with the new normal environment, managing human stress and boosting immunity are an essential requirement. In this context, the department of Physical Education in collaboration with IQAC, Kidderpore College organized a national level webinar on “ Managing Human Stress Boosting Immunity in the era of Covid-19 Pandemic” on 19th July 2020 4 pm onwards.

Dr Abhijit Ganguly, Principal, Kidderpore College chaired the session and delivered welcome address.

Dr. Sudakshina Roy Sarkar, IQAC Coordinator, Kidderpore College Delivered Key note address.

The inaugural speech was delivered by Dr Sudarsan Biswas, Associate Professor, Department of Physical education, Viswa- Bharati, West Bengal.

The main invited speakers of this webinar are Dr. Vishwambhar Vasand Jadav, Assistant Professor, Department of Physical Education, University of Mumbai, India and the other was Dr P. Rajini Kumar, Assistant Professor, Department of Exercise Physiology and Biomechanics, Tamilnadu Physical Education and Sports University, Tamilnadu, India.

The convener of this webinar was Dr Dibyendu Roy, Assistant Professor, HOD, Department of Physical Education, Kidderpore College, Kolkata.

The co-convener was Dr. Teesta Dey, Assistant Professor, HOD, Department of Geography, Kidderpore College, Kolkata.

The organizing secretary of this webinar were Prof. Pilu Das, Assistant Professor, Department of Economics, Kidderpore College, Kolkata and Professor Susmita Ghosh, Assistant Professor, Department of English, Kolkata.

More than 400 participants of different states registered in this webinar. We received good response from the audience and also they gave very good feedback. At the end of the webinar Prof Pilu Das (Organising secretary) delivered the vote of thanks. He thanked the response persons, Principal, IQAC coordinator, HODs, faculty members, participants and other officials for their active support for making the programme to be successful.



Approved
26.11.2020
Principal
Kidderpore College