

ESTD : 1966



KIDDERPORE COLLEGE

(C. U. Affiliated)

NAAC - Accredited B - Level

2 & 3, PITAMBER SIRCAR LANE, KIDDERPORE

KOLKATA - 700 023

Phone : 2459 7790 / 7900, Fax : 2459 7900

E-mail : kidderporecollege@gmail.com

website : www.kidderporecollege.com

Ref. No.

Date :

STUDENT'S ORIENTED SEMINAR ON

PREPARATION FOR EXAMINATION

By Dr. ITU SINGH on 11th January, 2023

Exam preparation seminars can equip students with valuable skills and strategies to approach exams more effectively. This can lead to better test scores, reduced stress, and increased confidence. Kidderpore College Academic Committee has organised a seminar on "Preparation for Examination" on 11th January 2023. Students of all the departments were present in the seminar. 128 students actively participated in this interactive seminar. Dr. Itu Singh discussed several points in this seminar. Some of them are -

Time management: Techniques for creating a study schedule, prioritizing tasks, and avoiding procrastination.

Effective study strategies: Learning different study methods like mind mapping, practice tests, and spaced repetition to improve information retention.

Test-taking skills: Strategies for reading comprehension, answering different question types (multiple choice, essay), and managing exam anxiety.

Stress management: Techniques for relaxation, maintaining focus, and getting a good night's sleep before exams.

Resource awareness: Informing students about campus resources available to them, such as tutoring centers, writing labs, and mental health services.

At the end of the seminar a question-answer session was held to deal with the real life situation of the students. Feedback and query were also collected at the end of the seminar.

The seminar was held in room no., 11; from 10.30 am to 12 noon.

Principal

Kidderpore College

Principal
Kidderpore College

