ESTD: 1966



## **KIDDERPORE COLLEGE**

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## REPORT OF <u>SPECIAL LECTURE ON "HEALTH AND STUDENTS' HEALTH</u> <u>HOME MOVEMENT</u>

## Date: 11.04.23

Following the release from COVID-19 restrictions, Kidderpore College decided to organize a health awareness initiative aimed to address pressing health issues and promote well-being among students and staff. Thus, the Students' Health Home Unit of our institution organized a special lecture on Health and SHH Movement" dated April 11, 2023, in collaboration with the Students' Health Home, Kolkata Regional Centre, Government of West Bengal. The Honorable Principal Dr Abhijit Ganguly served as the Chief Patron of the event. Our college extended a cordial invitation to Mrs. Sunita Srivastav, Secretary of the Kolkata Regional Centre and Secretary of Cultural Affairs (SHH), to act as a resource person and Dr. Surupa Dasgupta, Gynecologist and Secretary of Medical Administration (SHH) - West Bengal, as a key speaker. In the first technical session, Dr. Surupa Dasgupta presented a clear history of the origin of the Students' Health Home and detailed the extensive range of costfree facilities provided by the health home to students. She emphasized the importance of mental health for students in today's stressful environment and suggested organizing a Mental Health Camp in the future. The second technical session began with an inspiring speech of Mrs. Sunita Srivastav focusing on the challenges faced by blood banks during the COVID-19 pandemic and the critical need for regular blood donations to save Thalassemia patients. She also encouraged us for organizing Thalassemia Prevention Camps. The entire lecture program was a grand success, with the participation of 16 faculty members and 54 students actively participating throughout the event. The program fostered a strong sense of community and health consciousness among participants.



Reference: Students Participation on the auspicious day and Key Speakers on Table and Podium

